TODAY'S MENU

EAT IN OR STARVE

PICKY BITS

Olives with Garlic and Chilli (V)(VGN)	£3.00
Fresh Breads with Balsamic and Oil (V)(VGN)	£3.50
Vege Crisps (V)(VGN)	£3.50
Balsamic Pickled Onions (V)(VGN)	£3.50

MUNCHIES

AS A STARTER OR TO SHARE

Red Onion & Tomato Bruschetta (V)	£5.00
Sweet Potato Falafel Bites (V) (VGN)	£6.00
Breaded Halloumi Sticks with chilli jam (V)	£6.00
Sweet Chilli Prawns	£5.50
Twice Baked Cherrywood Smoked Cheese & Spinach Souffle (V)	£6.50
Potted Mushrooms with toasted Focaccia (v)	£6.00
Battered Fish Goujons with Tartar	£5.00
Southern Fried Chicken Strips	£6.00
Steak Skewer Fondue	£6.00
Breaded Wholetail Scampi with Tartar	£5.50
Tortilla Pizza Choose Garlic £3.50 / Garlic & Cheese £4.00 / Tomato & Cheese £4.50 / Mediterranean £4.50	
Tear & Share Garlic Bread (v)	£3.50
Oink Stack Black Pudding, Bacon & Sausage & Mushroom sauce	£6.50
Duck Spring Rolls with Hoisin Sauce	£6.00
Mini Penang Curry & Bread (V) (VGN)	£6.00
Crispy Beef with Sweet Chilli Dip	£6.00

SIDES

Chip Shop Style Chips

Sweet Potato Fries

Skin on Fries

Homemade Battered Giant Onion Rings

Creamy Mash

£3.00

LITE BITE SPECIAL

Small Fish, Chips & Mushy Peas with a pot of tea

Only £7

Lunch Service only 11;30-2:30

WHEN IN FOUNDRY I HAVE THE THYME OF MY LIFE!

WRAPS / SEEDED ROLL

Halloumi and Pepper (V)

Chicken Caesar Salad Special

Steak & Balsamic Onion

Southern Fried Chicken & Bacon

Cumberland Sausage and Red Onion

Served with a light salad garnish & Choice of Side

£8.50

SALADS & PLATTERS

Classic Caesar Salad £8.50
Without anchovies. (Add Chicken for £2.50)

Crispy Asian Beef Salad £10.50

Fisherman's Platter £20.00
Scampi, Fish Goujons, Chilli Prawns & Seabass. Served with a choice of 1 Side

MAIN PLATES

Braised Shin of Lakeland Beef £15.00
Braised for 48hrs this succulent Lakeland beef will melt on your tongue! Served with bubble & squeak mash & roasted vegetables with a shallot & thyme gravy.

Moo & Oink Burger £13.50
Prime Lakeland minced steak blended with seasoning to bring out the ultimate meat taste and topped with a BBQ rib of pork (bones removed) & smoked cheese.
Served with a side relish and a choice of 1 side dish.

Jammy Bird Burger £13.50
Southern Fried Chicken, with fried onion, peppers, mixed leaf and topped with chilli jam. Served with a side relish and a choice of 1 side dish.

Foundry's Award Winning Fish & Chips £11.50
A choice of sustainably sourced Cod or Haddock battered in our secret recipe batter with Chips, homemade Tartar Sauce and Mushy Peas

Sea Bass £14.00
Served on a bed of Sautéed Potatoes & Veg with a Dill Cream Sauce

Chicken Parmesan Schnitzel £13.00
Topped with garlic butter & served with a wedge of charred lemon, seasonal veg and a choice of 1 side.

Homemade Pie of the Day £13.00
Our delicious Home Pie served with mash and seasonal veg.

Penang Curry (V) (VGN) £11.50
Served with rice & breads - Add Chicken to your Curry for only £2.50

Piri Piri Kebab £13.00
Choose Sweet Potato Falafel or Chicken. Served with choice of 1 side, house slaw, & chilli jam

FOUNDRY GRILL

The Famous Sirloin Steak £17.00
A top-quality Steak, cut from the strip loin of our exceptional Cumbrian cattle! Served with flat cap Mushroom, Roasted Tomato, and a light Salad..

Flat Iron Steak £12.50
A tasty and juicy cut from the shoulder. Served with flat cap Mushroom, Roasted Tomato, and a light Salad..

Add Surf to your Turf £3.50
Add King Prawns or Wholetail Breaded Scampi to your steak

DONT FORGET TO ADD YOUR SIDES!

Add a Sauce… £2.80
Choose from: Peppercorn, Dianne, or Blue Cheese

Our chefs cook all dishes fresh to order to ensure the best quality. So your patience is appreciated!
Sit back, relax and perhaps enjoy a glass of our carefully selected wines

HAPPY HOUR

Buy 1 Get 1 ½ Price
On COCKTAILS

FREE DESSERT / WINE*
WHEN YOU SPEND £10 OR MORE ON ANY MEAL

- 175ml Glass* Available Sun – Fri 5 - 6:30
- T&Cs Apply ask staff for details

STEAK NIGHT

Enjoy a Flat Iron Steak £10
OR The Famous Sirloin £15
Both Served with 1 Side Dish

Every Thursday from 5pm

For T&C's of all offers visit our website

Can be Gluten Free if requested (V) Vegetarian (VGN) Vegan Option if requested (N) Contains Nuts

HOME-MADE DESSERTS

Crème Brûlée of the Day (V) (GF) £6.00
Served with a homemade Biscuit

Sticky Toffee Pudding (V) £6.00
The Cumbrian classic!
With Vanilla Ice-cream & Toffee Sauce

Chocolate Brownie (V) (GF) £6.00
With raspberry sorbet

S'mores Brownie Sundae (V) (GF) £6.00
Brownie Chunks, Ice cream, lashings of chocolate sauce & S'mores

Cheesecake of the Day (V) £6.00
On a biscuit base with Vanilla ice-cream

Cumbrian Cheeses (V) £8.50
A Selection of Cumbrian Cheeses with Crackers & a Shot Portuguese Fine Ruby Port

Lakeland Ice Creams & Sorbets
2 scoop £2.50 – 3 Scoop £3.50

Chocolate & Raspberry Torte (V) (VGN) £6.00

STRESSED SPELLED BACKWARDS IS DESSERTS

ENJOY A SPIFFINGLY GOOD SUNDAY ROAST HERE!

2 ROASTS FOR ONLY £15

Served within a Yorkshire Pudding with Mash, Roasties, Seasonal Veggies and lashings of Gravy

Special offer available at Lunch only
Single Price £10 - Max table numbers up to 8persons

FRANKLIN SODAS

This new range of crafted British Soft drinks combines heritage & specially sourced ingredients to introduce a naturally refreshing taste! (200ml)

Apple & Rhubarb	£3.00
Dandelion & Burdock	£3.00
Lemon & Elderflower	£3.00
Strawberry & Raspberry	£3.00
Ginger Beer	£3.00

COFFEE

Americano	£2.60
Espresso	£2.30
Cappuccino -	£3.00
Mocha	£3.20
Latte	£3.00
Vanilla Latte	£3.50
Hazelnut Latte	£3.50
Caramel Latte	£3.50

LIQUEUR COFFEE

Irish Whiskey	£5.50
Baileys	£5.50
Tia Maria	£5.50

HOT CHOCOLATES

Hot Chocolate	£2.95
Hot Chocolate Special	£3.95
With marshmallows, cream and choc's	
Baileys Hot Chocolate	£5.50

(GF) Can be Gluten Free if requested (V) Vegetarian (VGN) Vegan Option if requested (N) Contains Nuts

Products containing nuts will be labelled. Some products may have trace or have been produced in a factory where nuts are present. Therefore Foundry 34 does not take liability for trace and will only show allergen info where an allergen is specified as an ingredient. We ask all customers to clearly inform us of any allergens they may have.

Management reserve the right to change/stop any offer / menu option at any time. For full details of our terms and conditions please visit our website www.foundry-34.co.uk